

# GoMedia **Canada 2020**

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## **British Columbia**

### **Sea to Sky Post-Tour**

**September 13-16, 2020**

#### **Theme**

Framed by the Pacific Ocean and the Coast Mountains, experience the best of British Columbia's cities, coastline and culture as you explore from Sea to Sky.

#### **Description**

Begin your exploration in Vancouver; British Columbia's largest city and West coast beacon to the world. Travel to Squamish along the Sea-to-Sky Highway, considered one of the most beautiful drives in the world. Board BC Ferries for a scenic sailing to the Sunshine Coast to sample what this coastal destination has to offer. Fly back to Vancouver via seaplane and explore Historic Steveston in Richmond before departing for home with a glowing heart – having soared from Sea to Sky.

#### **Considerations**

- While this adventure is not overly strenuous, participants must be of "fair" physical fitness (e.g. must be able to walk on uneven terrain, endure outdoor conditions).
- A credit card will be taken at the hotel to cover personal incidentals such as laundry, movies, etc.
- Participants should advise if they have any dietary restrictions or food allergies.
- All flights and water activities are at the mercy of Mother Nature. Seaplanes and sailing are very weather dependent and may need to be cancelled in the event of heavy rain or high winds. Travel delays can also happen. Participants must be of a flexible nature and disposition.
- There is an option to add overnight stay and hosted hot pot dinner experience in Richmond, compliments of Tourism Richmond, and depart on Thursday, September 17. Accommodation and transfer included.

#### **Itinerary**

##### **Day 1 – Sunday, September 13**

8:45 am Check out of the hotel and head to Harbour Air

9:00 am Meet at [Harbour Air](#) to check-in for your flight for flight from Victoria to Vancouver

10:05 am Arrive Downtown Vancouver and transfer to [Granville Island](#) for a [Vancouver Foodie Tours](#).

11:00 am [Granville Island Market Tour](#).

Noisy and chaotic, yet irresistibly atmospheric, Granville Island is Canada's second most-visited tourist attraction, behind Niagara Falls, and Vancouver's destination for lovers of food, art and culture. During the tour, you will savour a cornucopia of fine foods from independent farmers and food artisans, from duck confit and cheeses to locally-made charcuterie, melt-in-your-mouth donuts, to world-class coffee and chai. A tour of Granville Island Public Market is one of the most authentic ways to experience Vancouver — after all, what better way to feel the pulse of a city than to immerse yourself in the action? Potential personalities and interviews include Michelle Ng, Vancouver Foodie Tours President & Founder (read more of her story [here](#)) and Dave Moorehead, owner, Longliner Seafoods located in the Public Market. Read more about Longliner [here](#).

12:00 pm Lunch at [Edible Canada](#)  
Edible Canada at the Market is a full-service bistro whose ingredients are all sourced from B.C.

and Canada. Relaxed, welcoming and accessible, Edible Canada celebrates the best cuisine, wine, beer and spirits from across the country. Open daily for breakfast, lunch, dinner and weekend brunch, the bistro features an open-kitchen concept, private dining space, take-out window, full-service coffee bar and the perfect patio for people watching. Potential personalities and /interviews include Eric Pateman, Edible Canada President & Founder (read more of his story [here](#)) and Albert Tran, Edible Canada Chef de Cuisine.

- 1:15 pm Check-in for [Vancouver Water Adventures](#) City & Seal Tour. This is a boat tour you won't forget, as you travel along the epic coastline of English Bay, out to Lighthouse Park, over to the Seal Colony and back into False Creek. Things to see: Stanley Park, English Bay Beach, Lions Gate Bridge, multi-million homes of West Vancouver, offshore freighters, Siwash Rock, Jericho Sailing Centre, Kitsilano Beach, Granville Island, Yaletown and much more.
- 3:00 pm Transfer from Granville Island to downtown hotel and check in.
- Dinner [Miku Restaurant](#). From its signature Aburi-style sushi to its tantalizing meats to its desserts, Miku is a bastion of cutting-edge culinary techniques. Organic, local ingredients enhance Miku's innovative menu, which is carefully paired with fine wines and sake.
- Overnight Vancouver.

## Day 2 – Monday, September 14

- Morning Breakfast at hotel.
- 8:00 am Depart Vancouver to Squamish. (Driving time: 1 hour)
- 9:15 am [Sea to Sky Gondola & Elevated Tree Walk Experience](#).
- Located along the scenic Sea to Sky Highway, the 10-minute gondola ride up to the Summit Lodge provides sweeping views of Howe Sound and the Coast Mountains. At the top, walk across a suspension bridge and the trails that lead to spectacular viewpoints or the new elevated tree walk experience. The new feature offers guests 360 degree viewing advantages that integrate nature from all angles and is the first structure of its kind in Canada.
- Your interpretive guide Stefan Perron will take you on a journey through the forest to identify local, native plants used by indigenous people for food, medicine and ceremonies as well as many points of interest and how they relate to First Nations folklore. Stefan is also a talented local photographer and an expert trail builder who has been involved with the gondola since plans were proposed almost 10 years ago.
- 11:00 am Brunch/lunch at the [Summit Lodge](#). Meet back at the Summit Lodge café, featuring fresh, West Coast inspired cuisine for a quick, light snack before the next activity.
- 12:00 pm Sail BC's southernmost fjord with [Canadian Coastal](#) (1½ hours). Spend the early afternoon sailing the legendary winds of Howe Sound aboard a 40-foot yacht. Take in the views and pristine beauty from the perspective of being on the water. Whether a novice or seasoned sailor, you will enjoy this hands-on adventure, while learning about the features of the region.
- 2:00 pm Flightseeing with [Sea to Sky Air](#) (2-2.5 hours). Phantom Explorer Tour. Fly over the peaks of BC's rugged West Coast mountains featuring ancient valleys and glaciers, to access the rich turquoise waters of Phantom Lake. Your private flightseeing tour is the only access to this untouched alpine beach located high in the peaks. Swim, take photos or just relax and reflect in solitude.

-OR-

Squamish Explorer Tour (1 ½ hours). Gasp in awe as you fly through regions of Squamish with a bird's eye view of alpine lakes, jagged peaks, secret waterfalls, and rumbling glaciers. Take in the iconic views of Squamish cliffs and peaks plus the giant glaciers. Sit back and enjoy the view from the passenger seat as your pilot regales you with local lore and information.

- 4:00 pm Check in at [Sunwolf Riverside Resort](#).
- With humble beginnings that date back to the early 1900's, the rustic Sunwolf Riverside Resort on the convergence of the Cheakamus and Cheekye Rivers is an undiscovered gem that offers riverside accommodations, Fergie's café and access to hiking trails and fishing holes. Stroll along the riverbank, gaze at Mount Alpha, or curl up in your cozy cabin and listen to the sounds of silence. Sunwolf Riverside Resort hosts Jake and Jess Freese are well known for entertaining their guests with fireside stories. Former rafting guides from the UK, they became the owners of the property and are local legends for their tireless restoration efforts despite major setbacks.
- 5:00 pm [Squamish Craft Tasting Trail](#).
- A visit to Squamish is not complete without a trip to a local craft brewery, cidery or distillery along the tasting trail. Home to award-winning craft beverage makers, the town has an emerging foodie scene to impress the taste buds of culinary and brew aficionados. Your visit will feature a "meet the makers" tour of [Gillespie's Fine Spirits](#) for samples of award-winning spirits, and [Northyard Cider Co.](#) for a taste of ciders brewed onsite using fresh apples from BC's Okanagan region.
- 7:00 pm Dinner at [Howe Sound Brewing](#).
- Often referred to as the "grandfather of BC Craft Beer", Howe Sound Brewing is the pioneer of the local and BC Craft Brewing industry. Also, home to a 20-room boutique inn, a restaurant and pub, the iconic Howe Sound Beer is mixed, mashed, brewed, and canned for distribution on-site in this original location. Known for its branding and beer labels featuring local artists, Howe Sound Beer is the humble choice for a cold beer, exceptional cuisine and people watching.
- Overnight Squamish.

### Day 3 – Tuesday, September 15

- Morning Breakfast at [Caffe Garibaldi](#), located inside the [Squamish Adventure Centre](#). A perfect stop for fresh baked goods, artisan coffees and light snacks, the floor to ceiling windows offer mountain views from this iconic architectural landmark that features locally sourced Douglas Fir timber beams throughout the building.
- 8:30 am Transfer from Squamish to BC Ferries Horseshoe Bay Terminal and sail with [BC Ferries](#) from Horseshoe Bay to Langdale (Sailing time: 40 minutes)
- 10:30 am Arrive Langdale and transfer into Gibsons Landing (Drive time: 10 minutes).
- 11:00 am Brunch or lunch at [Drift Café and Bistro](#), an intimate and romantic eatery perched overlooking Gibsons harbour. Owned by two chefs who studied under award-winning Chef Scott Yeager the cuisine is West Coast French style and inspired by local farms on the Sunshine Coast.
- 12:00 pm Tour the [Gibsons Public Market](#).
- Opened in 2017, the Gibsons Public Market is a community hub where you can learn about and enjoy local food, art and entertainment. Highlights include specialty products from the Coast and beyond, fresh fish from local fishing fleets and organic and grain-fed meat, fresh produce and a bistro. The market is also home to the [Nicholas Sonntag Marine Education Centre](#).
- 1:00 pm Join local Douglas Bevans for a tour with [Sunshine Coast Art Tours](#). Arts, culture and heritage are an integral piece of the Sunshine Coast—the lifeblood for many. As evidenced by the growing [Sunshine Coast Art Crawl](#), art enthusiasts from around the world seek out the art and the artists of this region.
- 3:30 pm Hike at [Smuggler Cove Marine Provincial Park](#). Smuggler Cove is a small, picturesque anchorage on the Sechelt Peninsula that earned its name from a nearly hidden entrance and harbour for illegal marine traffic. From the late 1800s to rum runners during prohibition, Smuggler Cove was an access point and refuge. The trail is along bog and wetlands, with bridges to protect sensitive

ecosystems created by beaver dams. You may see a wide variety of marsh and coastal plants, animals and bird life. (Walking time: 40 minutes return)

- 5:00 pm Check-in to a [Tenthouse Suite at Rockwater Secret Cove Resort](#). Rockwater Secret Cove Resort is a lovely, arbutus laden waterfront property in one of the Sunshine Coast's finest locations with oceanfront Tenthouse suites, oceanside cabins, a hotel, restaurant and pool, all tucked into the serenity of the coastal rainforest.
- 7:00 pm Enjoy dinner at the hotel.
- Overnight Sechelt.

#### **Day 4 – Wednesday, September 16**

- 7:00 am Check-out and transfer to Sechelt for a flight to Vancouver on [Harbour Air](#).
- Breakfast Arrive in Vancouver and transfer to Richmond (30 minutes) for a Dim Sum welcome breakfast in Richmond at [Golden Paramount Seafood Restaurant](#), an award-winning Chinese restaurant that specializes in seafood and traditional Cantonese dishes. The restaurant was recently voted one of the top Chinese restaurants by the prestigious Chinese Restaurant Awards.
- 10:45 am Transfer to [Steveston](#), Richmond's historic seaside village where the smell of saltwater fills the air and fishing boats ebb and flow in the harbour. You will visit the [Gulf of Georgia Cannery National Historic Site](#) for a tour, as well as the [Steveston Tram](#) for a photo opportunity with one of the largest historical artefacts in the City of Richmond's collection. You will have some free time to explore Steveston before lunch.
- 1:00 pm Lunch at [Catch Kitchen + Bar](#)  
This waterfront restaurant offers the best view of Steveston's historic fishing harbour. Featuring a magical 270-degree panoramic view of the river's inlet, the menu features some of the best locally-caught seafood.
- 2:30 pm Transfer to Vancouver International Airport (Driving time: 30 minutes)
- 3:00 pm Arrive at Vancouver International Airport for departure home

#### **\*Option to add overnight stay**

Optionally stay one more night and have a hosted hot pot dinner experience in Richmond, compliments of Tourism Richmond and depart on Thursday, September 17. Accommodation and transfer to the airport included.

## **Recommended items to bring**

- Water bottle.
- Camera.
- Small day pack.
- Umbrella.
- Sunscreen, sunglasses and insect repellent.
- Hat.
- Comfortable, flat-soled walking shoes (running shoes or hiking shoes).
- Casual, layered clothing, including both short and long sleeves and long pants.
- Waterproof jacket.