

GoMedia **Canada 2020**

Nova Scotia

Taste of Nova Scotia

September 2-8, 2020

Theme

When our land, sea, and people come together, you'll find yourself asking for seconds!

Description

In Nova Scotia, finding great places for an adventure is easy - finding time to see it all is tricky. The stunning scenic routes, romantic getaways, and delicious dining destinations are just the start. Our foodie culture is part of this tapestry and flavoured with authenticity that defines our farmers and fishers and inspires our chefs and wine makers. Pair this with world-famous lighthouses, a pristine coastline, and fun, friendly people and you'll soon discover there's a place waiting for you at every table!

Considerations

- Transportation will be in fully equipped minivans
- The tour will be guided/escorted by representative(s) of Tourism Nova Scotia
- Participants should advise if they have any dietary restrictions or food allergies. Please note that seafood is prevalent in most of our restaurants and dining options. This tour is not recommended for those with seafood or shellfish allergies.
- Physical restrictions: While this adventure is not overly strenuous, participants must be of "fair" physical fitness and should be able to walk short distances and on some uneven terrain, rain or shine.
- We aim to give media guests at least 1-2 hours of 'down' time daily which they can use for checking emails, exploring areas on their own, conducting additional interviews, etc.
- Internet may be limited during the day but is available each night at the hotels
- It is the responsibility of the media guest to ensure they have adequate travel and health insurance to cover participation in the trip.
- All major credit cards are accepted in Nova Scotia and ATM's are widely available. Currency Exchange Services are available at the airport and most banks throughout the province.
- Accommodations, three meals a day and activities listed in the final itinerary may be hosted by various partners and will be covered as indicated
- Upon check-in at each hotel, media guests will be required to provide a credit card to cover any incidental expenses (for example, mini-bar, room service, phone calls, movies, etc.)
- Evening dinners will include complimentary alcoholic beverages made in Nova Scotia at the discretion of the representative of Tourism Nova Scotia. Non-alcoholic beverages are included with every meal.
- The final itinerary may be subject to change depending on weather and availability.

Itinerary

Day 1 – Wednesday, September 2

- Day Arrive in Halifax, Nova Scotia.
- Transfer provided from airport to hotel. (Drive time: 30 mins)
- Dinner for earlier arrivals will be supported by Tourism Nova Scotia.
- Overnight: Halifax

Day 2 – Thursday, September 3

- Morning Breakfast
- Morning Orient yourself with our city by the sea with a city tour that will provide an excellent overview of Halifax. This history and anecdote-filled ride through the streets of Halifax will introduce you to one of North America's most unique and captivating cities. Hear about Halifax's war years and the exploits and heroism of the citizens who lived through the devastating Halifax Explosion. View the Historic Properties, the Spring Garden Road area, Province House, Old Town Clock, St. Paul's Church, City Hall, Grand Parade, Government House, the busy port, Victorian Halifax Public Gardens, residential areas, and much more.
- Lunch
- Afternoon Explore the Halifax Harbourwalk, a wonderful 4-km boardwalk that stretches along the waterfront for 10 city blocks from Casino Nova Scotia to the [Canadian Museum of Immigration at Pier 21](#). The Museum's main exhibition is dedicated to the years when Pier 21 was open as an immigration shed. Hear the personal stories of diverse immigrants from all over the world in a 20-minute contemporary bilingual film. Research your family's immigration history in the Scotiabank Family History Centre or stop by to see one of the temporary and community partnership exhibitions on display in the Ralph and Rose Chiodo Harbourside Gallery.
- Dinner
- Overnight Halifax

Day 3 – Friday, September 4

- Morning Breakfast
- Morning Depart Halifax for the Northumberland Shore region (Drive time: 2 hours)
- Sugar Moon Farm (Includes lunch)
Indulge in maple like never before at Nova Scotia's most celebrated sugar camp, [Sugar Moon Farm](#). Go behind-the-scenes on an owner-led maple syrup tasting. Get cozy by the fire as a culinary artist creates five outstanding farm-to-table courses before your eyes, featuring the finest local flavours and maple in every course!
- Evening This evening offers a unique country inn experience at [The Train Station Inn](#), circa 1887. Caboose and train cars have been renovated into accommodations with railway memorabilia scattered throughout. We'll enjoy dinner in the Dining Car.
- Overnight [Tatagamouche](#)

Day 4 – Saturday, September 5

- Morning Breakfast

Depart Tatamagouche for the Bay of Fundy and the Annapolis Valley (Drive time: 2.5 hours).

This is Atlantic Canada's richest agricultural region consisting of a patchwork quilt of fields, dykes, orchards and vineyards. Visit the [Wolfville Farmers Market](#), one of the most popular in the province with dozens of vendors offering products from fresh produce to handmade arts and crafts to unique souvenirs.

Nova Scotia's agricultural region is quickly becoming known as "wine country" with over 22 grape growers nurturing over 400 acres of vines producing award-winning wines, including our signature wine [Tidal Bay](#). We are going to visit one of our award-winning wineries for a Nova Scotia tasting experience and lunch.

Evening Dinner and time to explore.

Overnight Wolfville

Day 5 – Sunday, September 6

Morning Breakfast then off to explore (Driving time: approximately 2 hours today)

Head to the seafaring town of Lunenburg where the colourful waterfront, narrow streets and captivating architecture radiate the flavor of the town's rum-running and shipbuilding heritage. Old Town Lunenburg is a designated UNESCO World Heritage Site (one of three in the province!) and home to Nova Scotia's famous racing schooner, Bluenose II (which is also featured on the Canadian ten-cent piece).

Meet a Lunenburger who will take you on a tasty tour of Lunenburg with [Lunenburg Walking Tours](#) along a route that delves into the stories of the historic town that can't be seen from the street.

Afternoon: This afternoon we will take a guided tour with Salty Dog Seas Tours, to [explore the coast of the legendary Oak Island by boat](#). Get the inside scoop on treasure-hunting from the local diver featured on History Channel's [The Curse of Oak Island](#).

We will cruise to your very own island and create lobster appetizers with the chef to savour between stand-up paddle boarding and beach relaxation. A stunning seafood picnic makes this island adventure unforgettable.

Dinner

Overnight [Oak Island Resort](#), Western Shore of Nova Scotia

Day 6 – Monday September 7

Breakfast and then we are off to explore (Driving time: 2.5 hours today)

Morning We'll visit Mahone Bay, a treasure since 1745 and named one of Canada's best small-town downtowns. The town's famous "three churches" stand side by side at the waterfront creating one of the region's most famous views and photo opps. Described by the New York Times as "pretty as a picture", the town bustles with activity during its popular festivals such as the Great Scarecrow Festival, Classic Boat Festival and Father Christmas Festival. Art galleries, specialty shops such as Amos Pewter, Birdsall Pottery, Spruce Rugs, The Quilt Shop, and more are all within an easy stroll. Local favourite treat stops include The Barn Coffee & Social House, The Biscuit Eater and JoAnne's Market.

Lunch

Afternoon Depart for Peggy's Cove, where the graceful lighthouse sits high upon the smooth wave worn granite of the coast. The tiny harbour below the lighthouse is a masterpiece of seasoned fish sheds and colourful fishing boats, making it one of the most photographed places in Canada.

Dinner

Return to Halifax and check in to ALT Halifax Airport Hotel.

Overnight [The ALT Halifax Airport Hotel](#), Enfield, Nova Scotia

Day 7 – Tuesday, September 8

Morning Depart for GoMedia. The hotel is linked to the airport via a bridge pedway system

Morning flight departure to Victoria, BC.

Upon arrival, Tourism Victoria will provide transfers to downtown hotels

Overnight Victoria

Day 8 – Wednesday September 9

Free day to explore Victoria

Recommended items to bring

- Dress: Nova Scotia has a temperate climate with summer daytime temperatures in the range of 15-25 °C to evening lows of 12-20°C. Please be sure to bring medium-weight, comfortable clothing that can be layered and a good pair of walking shoes; raincoat; sweater or sweatshirt and a light jacket.
- The motorized boat tour will have an enclosure to protect participants from the elements and provide blankets based on the weather. Guests will enjoy the ride, no paddling require